



4th Biennial EMIRATES PHYSIOTHERAPY CONFERENCE 2012

20 - 21 May 2012
Jumeirah Emirates Towers, Dubai, United Arab Emirates

Scientific Program

Sunday, 20 May 2012

7:30 - 16:00	Registration	
8:30 - 9:30	Official Exhibition Opening & Welcome Addresses	
	H. H. Sheikh Hamdan Bin Rashid Al Maktoum World Confederation for Physical Therapy Emirates Physiotherapy Society	
9:30 - 11:00	Session I	
9:30 - 10:00	KEYNOTE LECTURE: WCPT and International Professional Practice Dr. Emma Stokes Vice President WCPT, Senior Lecturer School of Physiotherapy, University of Dublin, Ireland	
10:00 - 10:40	KEYNOTE LECTURE: Different Types of Hamstring Strains in Sports - Specific Exercises and a Specific test before Return Dr. Carl Asklig, Reseracher/Lecturer Swedish School of Sport & Health Sciences Karolinska Institute, Sweden	
10:40 - 11:00	Discussion	
11:00 - 11:30	Morning Coffee & Exhibition Viewing	
11:30 - 13:05	Parallel Session: Session II A	
11:30 - 12:10	KEYNOTE LECTURE: The 7 Dwarves Guide to Men's Health: How Can Physiotherapy Help? Dr Craig Allingham, Director of Redsok International, Australia	
12:10 - 12:40	Clinical perspective: Benign Positional Paroxysmal Vertigo: Evidence Based Treatment	Dr. Redha Dashti, Bahrain
12:40 - 12:55	Clinical perspective: Results on a 6 Weeks Structured Program on Core strengthening using 2D & 3D Exercise Regime	Dr. Rashid Buhari, UAE
12:55 - 13:05	Discussion	
13:05 - 14:00	Lunch	
11:00 - 13:00	Parallel Session: Session II B (Equine Physiotherapy)	
11:00 - 12:00	Equine Sport Physiotherapy	Dr. Lesley Goff, Australia
12:00 - 13:00	Manual therapy for back pain	Dr. Lesley Goff, Australia
14:00 - 16:00	Workshops	
	Workshop 1: Knowledge to Action- Evidence Based Practice in Physiotherapy	Dr. Emma Stokes, Ireland
	Workshop 2: Beyond The Pain: Strength Rehabilitation for Lumbar Spine	Dr. Craig Allingham, Australia
	Workshop 3: Incorporating Ankle Sprain Prevention in Everyday Practice	Dr. Evert Verhagen, Amsderdam

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8:00 - 16:00	Registration	
9:00 - 10:45	Session III	
9:00 - 9:40	KEYNOTE LECTURE: Exercise Intervention after Stroke Dr. Emma Stokes Vice President WCPT, Senior Lecturer School of Physiotherapy, University of Dublin, Ireland	
9:40 - 10:20	KEYNOTE LECTURE: Clinical Neurodynamics in Sport Dr Michael Shacklock, Director of Neurodynamic Solutions (NDS) & Adjunct Clinical Faculty Georgia State University, NZ/ Australia/ US	
10:20 - 10:35	KEYNOTE LECTURE: Equine Physiotherapy Dr. Lesley Goff, Musculoskeletal and Animal Physiotherapist, Active Animal Physiotherapy, Queensland, Australia	
10:35 - 10:45	Discussion	
10:45 - 11:30	Morning Coffee & Exhibition Viewing	
11:30 - 13:05	Session IV	
11:30 - 12:10	KEYNOTE LECTURE: Standardised Evidence Based Approach Towards the Diagnosis, Treatment and Prevention of Ankle Sprains Dr. Evert Verhagen, Associate Professor, Department of Public and Occupational Health VU University Medical Center & EMGO Institute, Amsterdam	
12:10 - 12:25	Clinical perspective: Return to Sports after Lower Extremity Injury	Dr. Joanna Kvist, Sweden
12:25 - 12:40	Clinical perspective: Anterior Cruciate Ligament Rehabilitation: An Update of the Literature	Dr. Ahmed Abdulhadi Bashkeel, UAE
12:40 - 12:55	Clinical perspective: Clinical Management of Anterior Knee Pain	Dr. Dominique Jordan
12:55 - 13:05	Discussion	
13:05 - 14:00	Lunch and Poster & Exhibition Viewing	
14:00 - 16:00	Workshops	
	Workshop 1: Hamstrings Injuries	Dr. Carl Askling, Sweden
	Workshop 2: Assessment of Balance - The 3 Peripheral Systems	Dr. Redha Dashti, Bahrain
	Workshop 3: How to Make a Diagnosis with Neurodynamic Tests	Dr. Micheal Shacklock NZ/ Australia/ US
16:00 - 16:15	Closing Remarks	
16:15 - 17:00	Appreciation Ceremony	