



**8<sup>th</sup> BIENNIAL  
EMIRATES  
PHYSIOTHERAPY  
CONFERENCE**

**15 – 16 OCT 2022  
CONRAD DUBAI, UAE**

**ORGANIZED BY**



**Fundamental Principles in Sports Injuries  
17-18 October 2022**

**Course Director: Prof. Qassim Muaidi**

**Day 1**

**Course Program**

<b>08:00-09:00</b>	<b>Registration</b>
09:00-10:30	Sports Injuries; definition Incidence and Prevalence of Sports Injuries
<b>10:30-10:45</b>	<b>Coffee Break</b>
10:45-12:45	Etiology & Risk Factors of Sports Injuries, Mechanism of Sports Injuries
<b>12:45-13:15</b>	<b>Lunch</b>
13:15-14:45	Acute Sports Injuries, Overuse Sport Injuries
<b>14:45-15:00</b>	<b>Coffee Break</b>
15:00-17:00	Soft Tissue Injuries & Healing; Soft Tissue Injury Management
<b>17:00</b>	<b>End of Course</b>

**Day 2**

**Course Program**

<b>08:00-09:00</b>	<b>Registration</b>
09:00-10:30	Principles of Sports Injury Assessment; Preseason Assessment of Sports Injuries
<b>10:30-10:45</b>	<b>Coffee Break</b>
10:45-12:45	On-field Assessment of Sports Injuries; Clinic- based Assessment of Sports Injuries
<b>12:45-13:15</b>	<b>Lunch</b>
13:15-14:45	Principles of Sports Injury Management; Pathological Management of Sports Injury
<b>14:45-15:00</b>	<b>Coffee Break</b>
15:00-17:00	Physiological Management of Sports Injury; Psychological Management of Sports Injury
<b>17:00</b>	<b>End of Course</b>