



**8th BIENNIAL
EMIRATES
PHYSIOTHERAPY
CONFERENCE**
15 – 16 OCT 2022
CONRAD DUBAI, UAE

ORGANIZED BY



Combined Movement Theory: Mobilization and Manipulation (Cervical Spine)

13 - 14 October 2022

Course Director: Dr. Chris McCarthy

Day 1

Course Program

08:00-09:00 Registration

09:00-10:30 **Introduction**
Justification For This Approach.
Principles
Concept of Treatment Dose. Indications.
Assessment Principles
Prime Movement.
Prime Combination, Regular Pattern, Irregular Pattern.
Treatment Selection / Progression
Severe, Inflammatory Nature.

10:30-10:45 **Coffee Break**

10:45-12:45 **Practical, Examination And Treatment**
Observation. Functional Demonstration, Palpation.
Active Movements
Ranking, Prime Movement, Prime Combination.
Differentiation
Muscular Restriction, Neurogenic Restriction.
Anterior Palpation
Anatomy, Paraspinal Tone, Fibrosis, Sympathetic Trunk.

12:45-13:15 **Lunch**

13:15-14:45 **Lecture on The Theory of Spinal Manipulation- Evidence, Risk and Benefit**
Practical Session
Passive Movement
Physiological Movement
Accessory Movement
Regular Patterns
Ext, Ipsilateral Lateral Flex, Ipsilateral Rotn.
Flex Contralateral Flex, Contralateral Rotation.

14:45-15:00 **Coffee Break**

15:00-17:00 **Treatment**
Group Discussion of Case Studies, Review of Key Themes of The Day.

17.00 **End Of Course**

Combined Movement Theory: Mobilization and Manipulation (Thoracic Spine)

Course Director: Dr. Chris McCarthy

Day 2

Course Program

08:00-09:00 Registration

09:00-10:30 Introduction

Justification for This Approach.

Principles

Concept Of Treatment Dose. Indications.

Assessment Principles

Prime Movement.

Prime Combination, Regular Pattern, Irregular Pattern.

Treatment Selection / Progression

Severe, Inflammatory Nature.

10:30-10:45 Coffee Break

10:45-12:45 Practical

Examination and Treatment

Observation. Functional Demonstration, Palpation.

Active Movements

Ranking, Prime Movement, Prime Combination.

Palpation

Passive Movements

12:45-13:15 Lunch

13:15-14:45 Lecture on The Theory Of Spinal Manipulation- Evidence, Risk and Benefit

Practical Session

Passive Movement

Physiological Movement

Accessory Movement

Rib Patterns

14:45-15:00 Coffee Break

15:00-17:00 Treatment

Group Discussion of Case Studies

Review of Key Themes of the Day.

17.00 End of Course