



**8<sup>th</sup> BIENNIAL  
EMIRATES  
PHYSIOTHERAPY  
CONFERENCE**

**15 – 16 OCT 2022  
CONRAD DUBAI, UAE**

**ORGANIZED BY**



## Managing Plantar Heel Pain in Practice

17 October 2022

Course Director: **Dr. Henrik Riel**

### Course Program

<b>08:00-09:00</b>	<b>Registration</b>
09:00-10:30	Welcome And Introduction   Terminology When Describing Plantar Heel Pain How To Diagnose Plantar Heel Pain And Distinguish Plantar Heel Pain From Other Types Of Foot Pain (Includes Hands-On) Important Risk Factors And Prognostic Factors
<b>10:30-10:45</b>	<b>Coffee Break</b>
10:45-12:45	Evidence-Based Treatment Modalities (Includes Practical Assignment)
<b>12:45-13:15</b>	<b>Lunch Break</b>
13.15-14:45	How To Tailor Treatment To The Individual
<b>14:45-15:00</b>	<b>Coffee Break</b>
15:00-17:00	Case Work   Questions And Closing Remarks
<b>17:00</b>	<b>End of Course</b>